

**38th Annual
Southminster Women's Retreat
May 2-4, 2014**



Women of Southminster finding time to bond together at Tillicum Retreat Center in Newberg, Or. Surrounded by a beautiful environment of woods, trails and lake we will have the opportunity to explore pathways to building new relationships, and for courage and discovery. Through small group conversation, creative expression and activities that explore our retreat theme we will feel the spiritual bond of women and be inspired, supported and loved. This year's retreat theme:

“Remember Who We Are”

*Gail Balden will be our **Key Note speaker**, and has outlined a program around our theme. Gail is an experienced retreat leader, and creative writing instructor through her business “Creative Journeys” in Nehalem. She recognizes that our days are full of activity and that in search of life we often let life pass by. She will guide us in remembering who we are as children of God and the gifts to be found in personal transformation. She will provide material and exercises of creative expression that will enliven and enrich our creative spirits.*

Be prepared to relax, enjoy the outdoors and be free to be yourself. You can choose to take a walk by yourself, canoe on the lake, and enjoy other creative activities offered throughout the weekend. Come and join us!

Women's Retreat FUNd *(emphasis intentional)*

The women of Southminster created a perpetual fund to support participation in the annual retreat. During registration we provide an opportunity for continued contributions to the FUNd. Regular additions keep our FUNd healthy and allow us to continue to offer scholarships to our community, or offset other retreat expenses. Thank you for considering even the smallest donation!

Registration Includes

- ✓ 2 nights at Tilikum Retreat Center in Newburg, Oregon
- ✓ 5 fabulous "home cooked meals", starting with Friday dinner and including Sunday breakfast
- ✓ Most rooms are 3 beds with private bath/shower
- ✓ Multiple outdoor and indoor spaces inviting you to read, journal, sip your coffee and chat awhile, or simply gaze at the beautiful surroundings
- ✓ Use of Tilikum's woods, trails and lake (canoes available Saturday!)
- ✓ Coffee, tea, and hot chocolate available 24 hours/day

Registration Form

Contact Information:

Name: _____ Phone: _____

Address: _____

Email (if you are able to receive your confirmation information via email):

Registration Option:

- (1) **\$ 160.** Basic weekend retreat price for 2 nights and 5 meals
- (2) **\$ _____** Scholarship Request (All requests receive a confirmation call and are handled with complete confidentiality.)
- (3) **\$ _____** Tax-deductible donation to the Women's Retreat FUNd for use in Scholarships.
- (4) **\$ _____ TOTAL Amount** – Check Only - Due by April 20, 2014. **Checks should be made out to Southminster Presbyterian Church, with "women's retreat" in the memo field.** Drop off payment and registration in the church office.

Other Information:

This is my first time at Southminster's Women's retreat _____

I have special dietary concerns or requests for the Tilikum cooks (circle all that apply):

Gluten Free Dairy Free Diabetic Food Allergy: _____

Ways You Can Help:

I'd love to lead grace before a meal (scripture, song, or poem): _____ Yes _____ No

I'd love to help **Marci** with Sunday morning worship: _____ Yes _____ No

Registration Questions?

Please contact Karen Wittenburg : 503-781-0321 kwittenburg@comcast.net

Diane Bender: 503-332-8435 diane_bender@yahoo.com

The Fine Print: Your spot is reserved when payment is received. Confirmation notices, including "what to bring" and maps, will be emailed the week of April 21nd.